

Patient Name: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Marital Status: ( ) Single ( ) Married ( ) Divorced ( ) Widowed

Number of Pregnancies: \_\_\_\_\_ Number of children: \_\_\_\_\_ Are you pregnant now? Y / N Date of Last Menstrual Period: \_\_\_\_\_

I am seeking treatment for: ( ) Spider Veins ( ) Varicose Veins Which I have had for \_\_\_\_\_ months/years

**On a scale of 1 to 10, 10 being the worst, please rate your symptom(s), if applicable:**

<u>Symptoms</u>	<u>Degree of Complaint</u>	<u>Symptoms</u>	<u>Degree of Complaint</u>
___ Pain	1 2 3 4 5 6 7 8 9 10	___ Edema	1 2 3 4 5 6 7 8 9 10
___ Itching	1 2 3 4 5 6 7 8 9 10	___ Thrombosis/Phlebitis	1 2 3 4 5 6 7 8 9 10
___ Heaviness	1 2 3 4 5 6 7 8 9 10	___ Spon. Hemorrhage	1 2 3 4 5 6 7 8 9 10
___ Aching	1 2 3 4 5 6 7 8 9 10	___ Redness/Discoloration	1 2 3 4 5 6 7 8 9 10
___ Cramping	1 2 3 4 5 6 7 8 9 10	___ Ulceration	1 2 3 4 5 6 7 8 9 10
___ Burning/Stinging	1 2 3 4 5 6 7 8 9 10	___ Other _____	1 2 3 4 5 6 7 8 9 10

Frequency of symptoms: \_\_\_ Daily \_\_\_ Weekly \_\_\_ Monthly

**Precipitating Factors:**

\_\_\_ None  
 \_\_\_ Standing  
 \_\_\_ Sitting  
 \_\_\_ Premenstrual  
 \_\_\_ Night  
 \_\_\_ Exercise/Walking  
 \_\_\_ Pregnancy  
 \_\_\_ Other \_\_\_\_\_

**Relieving Factors:**

\_\_\_ None  
 \_\_\_ Exercise  
 \_\_\_ Elevation  
 \_\_\_ Coolness  
 \_\_\_ Medications  
 \_\_\_ Compression Garment \_\_\_ more than 6 months  
 \_\_\_ less than 6 months  
 \_\_\_ Weight reduction  
 \_\_\_ Other \_\_\_\_\_

-Do your Activities of Daily Living (ADLs) require prolonged periods of standing or sitting? Y / N

-If yes, how many times per day do you have to take a break due to aching, burning, cramping, pain or swelling in the lower extremities?  
**(please circle one) Never One time per day 2-3 times per day 4+ per times daily**

-Do you take over-the-counter or prescription medications for aching, burning, cramping, pain or swelling of the lower extremities? Y / N

-If yes, what medication &amp; dose? \_\_\_\_\_

-If yes, how many days in a two week period of time did you take medications?

**(please circle one) 0-2 days 3-4 days 5-6 days 7+days**

How do your symptoms affect your Activities of Daily Living? \_\_\_\_\_

<u>Previous Treatment(s)</u>	<u>Date</u>	<u>Previous Treatment(s)</u>	<u>Date</u>
___ None	_____	___ Sclerotherapy Left Right	_____
___ Ligation Left Right	_____	___ Laser Left Right	_____
___ Stripping/ELT Left Right	_____	___ Phlebectomy Left Right	_____

**FAMILY HISTORY**

Has anyone in your family ever had varicose veins? Y / N If yes, who? \_\_\_\_\_

Does anyone in your family have a history of blood clots? Y / N If yes, who? \_\_\_\_\_

Please describe any aspect of your family history that you feel is pertinent to your health: (cancer, diabetes, heart disease, obesity, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_

◇ I decline to authorize the Laser and Vein Center of North Jersey to use my pre &amp; post procedure anonymous photos for any marketing or promotional purposes